

In the 5 weeks I have been seeing Drs. Jamie and Dan, I can already feel a tremendous difference in my body. Not only has my posture improved, I no longer have daily hip and shoulder pain, I am sleeping through the night again and I have stopped taking 4-8 ibuprofen a day. Making the time to come to Friends and Family three times a week is definitely worth the investment. I look forward to even greater results as the doctors have me on a great path to wellness.

Penny Anderson